



Asian Cucumber Salad

Ingredients

4 cups sliced cucumbers
1 tbsp lemon juice
2 tbsp Bragg Liquid Aminos
1 clove garlic, crushed
½ tbsp peanuts, finely chopped
¼ cup red onion, finely chopped
1 tsp natural sweetener

Optional:

½ tsp chili flakes
4-5 drops sesame oil
1 tbsp roasted sesame seeds



Directions

1. Mix all ingredients in a large bowl.
2. Serve immediately.

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CulinaryMD Chef