



Cream of Vegetable Soup

Serves: 8 cups

Active time: 30 min

Total time: 30 min

Ingredients

6 cups diced vegetables *
1 cup water
1 tbsp mushroom seasoning or homemade mushroom powder
1 tsp salt or more to taste
½ tsp garlic powder
½ tsp basil (optional)
1 recipe of Basic Cream Sauce

*Good combinations are:
Broccoli, onion, potatoes, carrots, and cabbage



Directions

- Cook vegetables in 1 cup water with the seasonings, simmering until tender.
- Add basic cream sauce to the cooked vegetables, and stir gently while bringing to a boil to thicken, adding more water and salt as needed.