



Classic Lemon Pie

Serves: 6 servings

Active time: 3 hours

Total time: 3 hours

Ingredients

4 ½ cups frozen bananas, cut into 3-inch chunks
5 cups frozen fruit of your choice (e.g. strawberry)



Directions

- Before preparing this dish, thaw all fruit for 30 minutes at room temperature.
- Process the fruit in a food processor / blender for about 1 minute, stopping twice to break up clumps of frozen fruit.
- For soft-serve texture, serve immediately.
- For hard-serve consistency, freeze for 2 hours before serving.
- Scoop with an ice cream scoop into serving dishes

PER 1 SERVING (1/3 cup)

Calories: 52

Fat: 0.3 g

Total Carbohydrates: 13.1 g

Protein: 0.73 g

Dietary fiber: 2.1 g