



Ginger Brew

Serves: 10 servings

Active time: 30 min

Total time: 30 min

Ingredients

2 thumb size ginger, crushed
1 cup fresh mint leaves
1 tbsp fresh tarragon leaves
Juice of 1 lemon
1 liter water
Agave or Honey to taste



Directions

- Place ginger, mint, and tarragon in a pot. Simmer for 10 minutes.
- Strain the brew and set aside the leaves and ginger.
- Add lemon and honey to taste.
- Serve immediately.