



Squash Pudding

Serves: 20 servings

Active time: 2 hours

Total time: 2 hours

Ingredients

1 liter coconut milk
10 cups mashed steamed squash
½ cup maple syrup (or any natural sweetener to taste)
1 Tbsp vanilla extract



Directions

- Place coconut milk on a pan over medium heat.
- Add the mashed steamed squash, sweetener, and vanilla extract.
- Mix thoroughly to combine all ingredients. Then continue cooking until it thickens.
- May serve hot or place in a container with a lid and chill in the fridge to serve cold.